

Genoa High School

Tri Meet: Genoa - Elmwood - Lake

Tuesday, April 18, 2023

2950 N. Genoa-Clay Center Rd., Genoa, Ohio 43430

Phone: 419-855-7741

Meet scorer: Richard Morgan, phone: 419-601-1976 email: rmorgan55@gmail.com

You are scheduled to compete in a tri meet at Genoa High School on Tuesday, April 18. We will start field events at 5:00, with running events beginning at 5:30.

Entries: All entries will be done online at www.baumspage.com. The window is already open, and it will

close at 7:00 PM Monday, April 17. Feel free to email me with any changes Monday night or Tuesday morning. We will accept changes even during the meet if necessary. The meet will be

drawn Monday night and the lane assignments will be put on baumspage.

Sprints: Enter as many individuals as you want. Do your best to estimate performances when entering

your athletes so we have competitive heats and flights. *Please leave nothing blank*! Regardless of times, however, we will make sure all schools are represented in the hot heat of each event. All races from the 400m down will be run in multiple heats, from fastest to slowest, with scoring

possible from any heat.

Distance: Enter as many individuals as you want. For all races 800 m and up, all runners will be run in one

heat. In some of the distance races, we may run the boys and girls together, depending on the number of participants and the weather. However, all boys' and girls' coaches must agree to this.

Field Events: In the field events, enter as many individuals as you want. Again, enter expected distances, even

if you have to guess. There will be 4 attempts, with flights drawn from shortest to longest.

Relays: Enter up to 3 relays per event. If you need more, email and we'll figure out a way.

Scoring: Since this is a tri meet, scoring will be 5-3-2-1 in all individual events, and 5-3 in relays.

Facilities: We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well.

Please use \(\frac{1}{8} \) or \(\frac{1}{4} \) inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the

like should be used for relays. Please supply your own batons.

Concessions: We will have our concession stand open.

Meeting: Come to the press box upon arrival for any last-minute changes or instructions.

Info: For questions or information, please contact:

Matt Routson, 419-704-0497, mlroutson@genoaschools.com, Genoa AD Richard Morgan, rmorgan55@gmail.com; 419-601-1976; Meet Manager

Good Luck,

Richard Morgan, Meet Scorer

Schedule

Field events

4:30 PM Girls and Boys Pole Vault

Girls High Jump (boys will follow)

Girls and Boys Long Jump (open pit, 4 attempts) Boys Shot put, 4 attempts (girls will follow) Girls Discus, 4 attempts (boys will follow)

Use your own implements. Weigh-ins will not be necessary.

Starting heights and other details of the field events will be determined on meet day by coaches' agreement, depending on number of entries, weather conditions, and other factors.

Running events

5:00 PM Girls 4x800 M Relay

Boys 4x800 M Relay Girls 100 M Hurdles Boys 110 M Hurdles Girls 100 M Dash Boys 100 M Dash Girls 4x200 M Relay Boys 4x200 M Relay Girls 1600 M Run Boys 1600 M Run Girls 4x100 M Relay Boys 4x100 M Relay Girls 400 M Dash Boys 400 M Dash Girls 300 M Hurdles Boys 300 M Hurdles Girls 800 M Run Boys 800 M Run Girls 200 M Dash Boys 200 M Dash Girls 3200M Run Boys 3200 M Run Girls 4x400 M Relay

Boys 4x400 M Relay

Please remember that all heat and lane assignments will be posted to baumspage some time Monday evening.